

Well-being support

Ysgol Cefnlllys



Pupil and staff well-being is led by Mrs Lorraine Cadwallader-Jones.

As a school we place a high priority on the wellbeing being of all our pupils and staff. Our "Ways of Being"- Safe, Ready & Respectful are strongly part of our school Ethos.

We always aim to ensure that all pupils are happy and safe within the school however, there may be times when our learners will bring problems home and /or you may have concerns about your child.

We are always ready and happy to give time to support and resolve any issues or concerns.

Wellbeing Call Back.

In order to support pupils and staff in Ysgol Cefnlllys we have introduced the call back system. If you click the "click here" icon then you will be take to a short form to complete outlining your concerns and worries. This will then be linked with the appropriate member of staff who will be designated to resolve and support with the issue/concern.

The Call back forms will be checked between the hours of 8am and up to where possible 6pm and will then be dealt with the following day and where possible a response within 24hours or at the latest 5 days.

The response may not come directly from the class teacher.

If you would like to discuss your child's needs or if you have concerns about their well-being please click here to request a call back:

<https://forms.office.com/e/bnV6T61RZ6>

We are proud to be a Trauma Informed School. A trauma informed school is one that is able to support children who suffer with trauma or mental health problems and whose troubled behaviour acts as a barrier to learning. Trauma-informed care establishes a safe, supportive culture for all pupils by understanding what has happened to each student and how that affects their actions in



We also have ELSA trained staff. An ELSA is an Emotional Literacy Support Assistant who works 1:1 with a pupil. Examples of topics covered are social skills, emotions, bereavement, social stories and therapeutic stories, anger management, self-esteem, counselling skills such as solution focus and friendship.



Some elements of Additional support

We follow the Six Principles of Nurture approach

- Children's learning is understood developmentally. ...
- The classroom offers a safe base. ...
- The importance of nurture for the development of wellbeing. ...
- Language is a vital means of communication. ...
- All behaviour is communication. ...
- The importance of transitions in children's lives.

I can see scripts

Monty the Therapy Dog

Yoga

Aces aware school

Positive playtimes

Ystafell Oeri - Chill & calm space